

CHILD CAR SEAT SAFETY CHECKLIST

Did you know most people who fit car seats themselves do **not** fit it correctly?
Make sure the car seat is fitted correctly to prevent children from being seriously injured.

REAR FACING

0 – 12 months*



FORWARD FACING

6mths – 4 Years*



BOOSTER

4 – 8 Years*



SEAT BELT

8 Years and older*



* Always chose the most appropriate car seat for the child. It is important that children **DO NOT** move to the next seat before they are ready as this could cause serious injury or even death.

The child seat has an inbuilt harness to suit the individual child's height and size.
The harness has slots depending on the child's height. Shoulders must not be more than 25mm above the harness slot which is being used.



Straps are at shoulder level.

Check against minimum height markers, located on the child seat.

Make sure straps are not twisted and are a snug fit with one finger-width of slack.



Ensure rear tether strap is secured to the correct anchor point.

Position your child with their back and bottom flat against the car seat.

Ensure the seatbelt is tight, keeping the car seat in place.

Check that the top tether strap is fixed to the anchor point and is pulled tight with no slack/give. The tether strap **must** be used at all times. The child's eye level should not be over the booster (as the neck needs to be supported) and the strap should have no twists.

Locate the car's factory fitted child restraint anchorage point (see car manual if not able to find) and confirm that the anchor point:
1. Is directly behind the car seat
2. Is at least 20cm from the back of the car seat
3. The tether strap is not on more than a 30 degree angle towards the car roof.

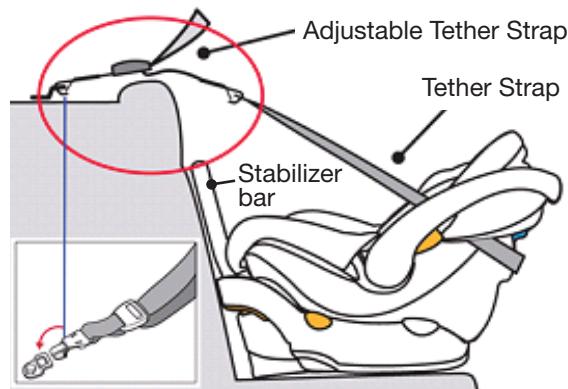


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Aboriginal Health & Medical Research Council of New South Wales®

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For rearward facing seats and capsules the tether strap should be straight. You may need an extension tether strap to reach the anchor point.

Also remember to use the stabilizer bar when seat is rear facing.

Top tether anchor

Rear Shelf
tether anchor

Back tether
anchor

Floor tether
anchor

Lower anchor
strap

Rigid lower latch



The lower anchor strap and rigid lower latch as shown are used **only** in car seats fitted with ISOFIX connectors.

Make sure you use the correct anchor point for the child seat.

These can be found in the areas shown on this diagram.



Australian Standard
AS/NZS 1754
Issued by SAI Global
DO NOT REMOVE

Make sure the seat has an approved Australian Standard Sticker and labeling showing **AS/NZS 1754**. Stickers should **NOT** be damaged or removed. Seats without appropriate stickers should not be used.

5 Step Test

- 1 Back against the vehicle seat
- 2 Knees bend at edge of seat
- 3 Lap belt low on tops of thighs
- 4 Shoulder belt across mid-shoulder
- 5 Can stay in this position for the duration of the travel

Before Moving a child from a Child Booster Seat, please ensure that they meet all 5 steps of the test.

If they do not pass all 5 Steps they must remain in a Booster Seat.

The safest place for children to sit is in the rear seats. Children from the age of 12 are able to sit in the front seat.



Never place a rear-facing car seat where an active air bag is fitted.

If you have any questions about fitting your car seat, check with the local Aboriginal Medical Service or call the Roads and Maritime Services for Restraint Fitting locations and general advice. Phone: 13 22 13